

Faith

“Whenever you find great strength, joy, and kindness in your heart, or when you feel free and without contradictions, immediately be internally thankful. When you find yourself in opposite circumstances, ask with faith, and the gratitude you have accumulated will return to you transformed and amplified in benefit.

From *The Inner Look* by Silo

1. Chapter XIV from *The Internal Landscape*

1. *Whenever I hear the word “faith,” I feel suspicion grow within me.*
 2. *Every time someone speaks of “faith,” I wonder about the purpose of what they are saying.*
 3. *I have seen the difference between naive faith (also known as “credulity”), and the violent and unjustified faith that gives rise to fanaticism. Neither is acceptable, for the first opens the door to accident, while the second imposes its feverish landscape.*
 4. *But something important must lie in this tremendous force that is capable of mobilizing the best of causes. Let faith, then, be a belief whose foundation rests on its usefulness for life!*
 5. *If it is said that faith and science oppose each other, I will reply that I accept science as long as it does not oppose life.*
 6. *Nothing prevents faith and science from progressing, as long as they have the same direction and enthusiasm to help sustain the effort.*
 7. *And those who would humanize, let them help raise our spirits by pointing out the possibilities that the future holds. Or is the skeptic’s anticipation of defeat useful for life? Could even science be sustained without faith?*
 8. *There is a type of faith that goes against life. It is a faith that proclaims “Science will destroy our world!” How much better to put our faith in working day by day to humanize science, so that the direction it was endowed with from its birth may triumph!*
 9. *The usefulness of faith is evident if it is a faith that opens the future and gives meaning to life, orienting it away from suffering and contradiction and toward everything that is valid action.*
 10. *That faith, like faith placed in oneself, in others, and in the world around us, is useful for life.*
 11. *In saying “Faith is useful” you will doubtless offend some particularly sensitive ears. But do not worry, for if those musicians simply examine themselves a little they will recognize how faith is also useful to them, though their faith may flow from a different instrument than the one you play.*
 12. *All those problems that until now have seemed insurmountable will begin to diminish if you are able to achieve faith in yourself and the best in those around you, faith in our world and in a life that is always open to the future.*
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2. The Aphorisms

These brief sentences which we call “aphorisms” are of great help to develop a type of faith useful in daily life.

*The first aphorism says: "**Thoughts produce and attract actions.**" What does this mean, thoughts “produce actions?” It means simply that I act in life according to what I feel now, what I remember from the past, and what I imagine about the future. Any activity that I carry out will depend on what I have done previously, and on having a clear image or plan of what to do. If my thoughts are confused, it is very likely that my actions will be confused, and so on.*

In regard to how thoughts "attract actions," it is clear that if I have produced confused actions, this will create confusion in my activities and in the people toward whom my actions are directed. Then, as a consequence I will receive the same type of confused actions in return. For example, if my thoughts are resentful and I act in this way, surely I will create resentment, and attract those actions from other people in return. All a person has to do is to believe in their "bad luck" for their actions and those of the people around them to end up producing these "unlucky situations."

*The second aphorism says: "**Thoughts with faith produce and attract stronger actions.**" By "faith" we mean conviction, strong feeling, or confidence that something is the way a person believes it to be. It is not at all the same to think something with doubts as it is to think something with strong emotions. When you see how much a strong feeling like love can do, you can understand what we are saying.*

*The third aphorism is stated in this way: "**Thoughts repeated with faith produce and attract the maximum strength in actions.**"*

The more you repeat an action or a thought, the more it is engraved in your memory, the stronger your habits will be, and the more it will predispose you to repeat future actions in the same direction. If a person continuously thinks with faith that they are sick, it is more likely that they will actually become sick than if they only think this a little, or without conviction. The same holds true with the projects that I have in my life. I must think them out clearly, with faith, and I must think about them over and over again. Then, my actions will go in this direction, and they will also create positive responses from my environment and from the people around me in the direction that is of interest to me.

Bibliography

- Book: *The Internal Landscape* in [Humanize the Earth](#), Silo: [Collected Works Vol I](#)
- Book: [The Book of the Community](#), Formative Themes